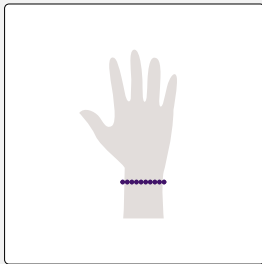


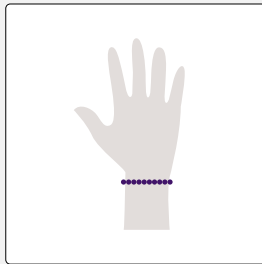
## Bracelet Size Guide

**SMALL**  
7"(17.5cm)



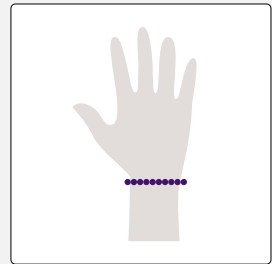
Usually fits younger people and women with thin wrists.

**MEDIUM**  
7½"(19cm)



Usually fits teenage boys and the average women.

**LARGE**  
8"(20cm)



Usually fits the average man.

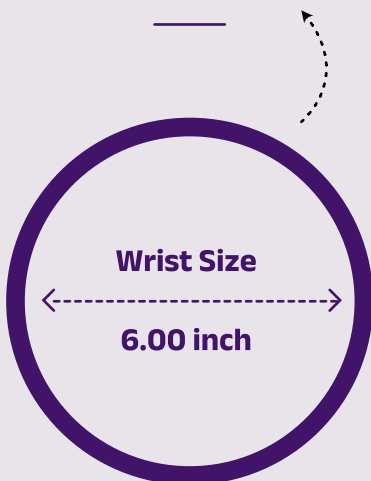
Measure the inner diameter of a Bracelet you own.  
Use the following chart to determine your bangle size.

**Wrist Size**  
( inches )

**Bracelet Size**  
( inches )

6.00	----->	6.50
6.25	----->	6.75
6.50	----->	7.00
6.75	----->	7.25
7.00	----->	7.50
7.25	----->	7.75
7.50	----->	8.00
7.75	----->	8.25
8.00	----->	8.50
8.25	----->	8.75
8.50	----->	9.00

**Bracelet Size**  
(6.50 (inch))



## IF YOU DON'T HAVE A BRACELET ?

Measure your hand. For this you will need a measuring tape or a piece of paper and a ruler.

### STEP 01

Wrap a thin strip of paper around your finger.



### STEP 01

Measure the length of the paper strip/thread with a ruler.



### STEP 03

Use the following chart to determine your Bracelet size

Wrist Size ( inches )		Bracelet Size ( inches )
6.00	----->	6.50
6.25	----->	6.75
6.50	----->	7.00
6.75	----->	7.25
7.00	----->	7.50
7.25	----->	7.75
7.50	----->	8.00
7.75	----->	8.25
8.00	----->	8.50
8.25	----->	8.75
8.50	----->	9.00